

## Chicken Gumbo

**Gumbo can be prepared with your choice of meats or seafood or both.**

455g of chicken (pre-cooked),  
smoked sausage or seafood cut into bite-size pieces.

1.350 ltr water

Meat of your choice

Zatarain's Gumbo Mix.



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1. In a 3 quart saucepan, combine 6 cups water, meat and Zatarain's Gumbo Mix. Stir and bring to boil.

2. Stir, reduce heat, cover and simmer over low heat for 25 minutes.

OR For Seafood Gumbo:

Combine 6 cups water and Zatarain's Gumbo Mix, bring to boil.

Add seafood after 10 minutes of cooking time, return to boil and cook 15 minutes.